



# Summer Program 2017 « Cooking for Health in France: From Field to Plate »

Experiential learning: 4 weeks of interactive workshops and an optional one-month field experience

#### Objectives

Participate in an intensive, interdisciplinary program that combines culinary arts, health sciences and professional practice while discovering French sustainable food production.

Gain practical, international experience while earning college credits. Immerse yourself in French culture.

#### Dates

On Campus Program: May 17 - June 16, 2017 Internship Program: June 19 – July 19, 2017

#### Admission requirements

Juniors, Seniors or Master degree students in Life Sciences, Agriculture, Food, Nutrition, Public Health, Dietetics etc. from an accredited institution.

**For non-native speakers of English:** 7**85** TOEIC, 567 TOEFL paper (or 227 TOEFLcbt, 87 TOEFLibt), 6.5 IELTS.

French: not required but basic French would be useful for the field experience option.

#### Credits

Up to 8 US Credits: 1 US Credits/week and 4 US Credits for the one-month internship.

Costs

For students from partner universities:

- On Campus Program: 2000 €

- On Campus + internship: 2400€

For students from non-partner universities:

- Only On Campus Program: 4600€

**Costs include**: OW transportation from CDG Airport to LaSalle, housing, culinary platform fee, RT transportations from LaSalle to work placement location, work placement administration fees.

**Not included**: RT travel from country of origin, passport/visa fees, mandatory health **and liability** insurance coverage, all meals (optional meal plan available at approx.10€/day), personal expenses, incl. personal travel on long week-ends at Ascension and Pentecost (see schedule). Return transportation from LaSalle to airport at the end of the program.

\* All dishes in the photos were carried out by students participating in previous summer programs



## **2017 COOKING FOR HEALTH PROGRAM**

МАҮ			JUNE			JULY	
1			1	sk 2	Field trip : Versailles	1	
2			2	Week 2	Field trip : Ducasse in Paris	2	
3			3			3	
4			4			4	
5			5		Pentecost	5	INTERNSHIP
6			6		Cooking Techniques	6	
7			7	Week 3	Locavore Movement	7	
8			8	We	Dairy Products	8	
9			9		Dairy Products	9	
10			10			10	
11			11			11	INTERNSHIP
12			12		French Paradox	12	
13			13	4	Cancer	13	
14			14	Week 4	Heart disease	14	Bastille Day
15			15	5	Metabolism & Obesity	15	
16			16		Immune disorders	16	
17		Orientation day	17			17	Return to LaSalle
18	Week 1	French for Culinary Purposes	18			18	Debrief / Presentation
19			19		INTERNSHIP	19	Check out / departure
20			20			20	
21			21			21	
22			22			22	
23		French for Culinary Purposes	23			23	
24			24			24	
25		Ascension	25			25	
26			26			26	
27			27			27	
28			28		INTERNSHIP	28	
29	Week 2	Bread baking	29			29	
30			30			30	
31	>	Cooking Techniques				31	

FRENCH IS TAUGHT THROUGHOUT THE PROGRAM

National Holiday

#### **Study in France**

The "Grandes Ecoles" are unique to France. They were created in the late 18th century in order to offer outstanding education to the country's future engineers. LaSalle Beauvais, founded in 1854, belongs to this tradition. This summer program crosses our historical B.S./M.S. degrees in Agriculture and in Geology. Foreign students will benefit of our links with partners universities and with invited speakers from public and private sectors.

The proximity with Paris provides a prime example of large urban areas that demand increasing amounts of drinking water quality to sustain their growing population. This constitutes an accurate opportunity to study future water challenges and find new way to manage them.

### Discover France while earning college credits







#### Admisisons

- Deadline for sending application: FEB 15, 2017
- Application forms are available on our website: www.lasalle-beauvais.fr/-Study-at-LaSalle-Beauvais-
- Contact: incoming@lasalle-beauvais.fr





#### Institut Polytechnique LaSalle Beauvais 19, rue Pierre Waguet

BP 30313 60026 Beauvais Cedex France



#### We are already looking forward to welcoming you on our campus!

Beauvais is located in northern France, 50 miles to the north of Paris. Trains to Paris depart every hour. Beauvais is an ideal base for exploring Europe. From Paris Beauvais international airport (5 minutes from LaSalle campus), low cost companies offer regular flights to exciting destinations such as: Italy (Rome, Milan, Venice, Pisa), Spain (Barcelona, Madrid), Great Britain (Manchester), Ireland (Dublin), Sweden (Stockholm), Norway (Oslo), Portugal (Porto), Romania (Bucharest), Poland (Warsaw), or Czech Republic (Prague)...