



1-month internship at Gustolab International

Internship Fields -- Options

We offer a rich variety of academic internship options in Italy. Most deal with some aspect of food related human behavior. These cover a tremendous spectrum from agriculture (vineyards, cheese farms, milk production, artisanal food, wheat fields, olive groves and production, agricultural cooperatives, greenhouses, educational farms...) to health (ministerial offices, hospitals, school cafeterias, outdoor and covered markets, non-profit associations, organizations for the health and well-being, education,...) to business practices (marketing, logistics, communication, start-ups, food delivery platforms, distribution, recovery of food waste services, apps and smart solutions for cities and agriculture ...) to environmental advocacy (organic and biodynamic farming, new food chains such as GAS, community food banks, markets,...) and beyond. Internships in other areas can be organized. Placements are dependent on what opportunities are available as well as the experience and qualifications of each student. The information that the student provides will offer initial guidelines for the internship staff; placements will be explored but not arranged or finalized until the student has accepted the internship placement. Students are urged to be flexible and explore the whole range of possibilities developed by the internship staff. While we are not able to guarantee your first choice, every effort will be made to place you in your desired field. Students will be asked for their CV (resume) and/or other supporting documents during the application period. In our application, we ask students to choose two fields of interest from the following list.

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| 1. Hospitality | 13. Agri-business |
| 2. Tourism | 14. Food Production |
| 3. Advertising | 15. Food System |
| 4. Food Events | 16. Food Policy |
| 5. Food Media and communication (video, photography, social media,...) | 17. Food Justice |
| 6. European food business | 18. Agro-ecology |
| 7. Food marketing | 19. Food Access |
| 8. Food social entrepreneurship | 20. Food Education |
| 9. Sport Management | 21. Food Diversity |
| 10. Health | 22. Food Science |
| 11. Nutrition | 23. Local markets |
| 12. Agriculture | 24. Import-export business |
| | 25. Food Design |

Internship Length, Dates

Our spring and fall internships are typically from one to four months in length. Our summer internship is a month long. Students will be able to note their preferences in the application.

Here are our dates for 2017:

Fall 2017 internship: August 21, 2017 – September 17, 2017



Student Learning: Getting the Most out of Your Time in Italy

Internships are all about developing skills -- and academic insights -- in new settings, languages and cultures.

Our internships are designed for serious students seeking a non-traditional learning experience. They are based on the following elements:

- Six to seven hours a day split between experiential learning at the field site (work experience) and a field site research project.
- All field sites provide 'real world' experience to students. In nearly all cases, Italian will be the dominant language of the worksite and the conventions of Italian daily life will shape much of the intern's experience. Each field site will provide the intern with an *onsite supervisor*. All supervisors have sufficient English for communication with the intern.
- We provide students with powerful tools to assist them in being successful in this new setting. These include;
 - Language instruction focusing on their daily needs in our course *Italian Lexicon for Food Studies*. Language study will typically consist of three classes each week. Each class is for 2 hours.
 - A *Research Project and Symposium* linking the intern's academic interests with a social, ethical, business or sustainability challenge facing the field site. This project can either be a continuation of work students have done on their home campuses or they can pursue interests they have developed onsite in Italy. Projects culminate in a multimedia report to the symposium. This includes internship students and representatives from all internship sites.
 - In addition to an *onsite supervisor* provided by the fieldsite GL International provides students with a *GL mentor*, a staff person employed at GL International, who monitors the fieldsite placement, provides practical support to students throughout their time in Italy, and is available to assist students should misunderstandings emerge at the field site. The *GL mentor* can also provide assistance to students during their research projects (e.g. translation during research project interviews). We also provide students with an *academic supervisor* who meets regularly with students concerning their research project. See the attached syllabus for additional information.
 - A *safety and wellness advisor* is available to students at any time, day or night, to assist them handle illness or other emergency situations. An Italian cell phone is provided to all interns for the duration of their program.

Student Learning Outcomes

Students successfully completing an internship will accomplish the following:

- They will develop the ability to comfortably carry out daily tasks anywhere in Italy. These include using the transportation system, shopping, cooking and cleaning, among others. These require a familiarity not only with language, but also shopping centers, markets, street maps and more.



- Interns will strengthen their intercultural skills. This includes both the development of successful strategies in communicating across languages and a general familiarity with non-verbal communication styles in Italy.
- All students will present a multimedia project using PowerPoint or another similar application at a final symposium. This will introduce their fieldsite and present their research project.
- All student will produce a one-minute video *in Italian* introducing Italian speaking viewers to their internship site and project.
- All students will daily record their thoughts and observations using blogs or social media tools. This becomes an invaluable record of their learning and is central to their final presentations in the research symposium. It will include exercises designed to assist them in understanding the field site.
- Students conduct a video interview of the field site supervisor (conducted in English).
- Students carry out a work experience analysis.
- Students submit a position paper on an issue of their choice at the end of the Symposium.

Credit Recommendations

At the completion of the internship, all participants will receive a Record of Study from GL International. This will contain a record of the number of hours students have spent on the internship and in language study and a recommended grade. Students are asked to keep detailed records of their study and to make them available to home institutions. Ultimately, home institutions will determine credit. Participants are urged to discuss this with their home institutions *before* attending the program.

Safety and Wellness

Student safety and wellbeing is among our most important objectives. We are the most experienced organization in Italy working with US universities in the areas of food systems and sustainability. We understand university students from the US and other countries and the challenges they face in Italy. In addition to our academic and office staff, we have a safety and wellness advisor available to the respond to the questions or needs of students twenty-four hours a day, seven days a week. This person, supported by our Academic Director, is also available for emergency response and to coordinate between medical professionals in Italy and other countries. All students from outside of Italy are required to enroll in CISI medical insurance throughout the period of the internship.

Compliance with EU and Italian Regulations

Please note Italy and the European Union strictly define internship categories and sponsorship. All internships must be sponsored by a third party – a promoting organization (*soggetto promotore*) – recognized by an Italian Ministry. Internships offered by educational institutions must be accompanied by course work. We are fully in compliance with all pertinent regulations. These include, among others, submission of the following document submission of the *progetto formativo* (a document that states the training/educational objectives of the internship) and enrolling students in civil liability insurance (INAIL) and the *codice fiscale* (an Italian tax code similar to a social security number). Some students, depending on their country of origin and length of internship, may be required to get a visa. GL International will provide guidance on any internship related documentation that must be compiled such as internship assessment questionnaires, attendance registers, statement of responsibility



documents and will advise the student on the necessary risks and safety at work. Internships are not remunerated. Students will be asked to complete, sign and send internship specific documents before their arrival to Rome. All documents must be received at least 7 working days before the start of the internship.

Our Staff

In addition to the onsite supervisor (usually employed at the fieldsite) GL International provides an academic director, a mentor, and a safety and wellness advisor. All of these staff interact with each participant. The mentor is available throughout the program to respond to questions dealing with the student's role at the fieldsite. The mentor also assists the student in research projects including possible assistance in translation and in preparing final projects, both the multimedia presentation and the brief Italian language video. Please note this is in addition to the onsite supervisor who is provided by the fieldsite itself.

Student Interns: Code of Behavior

It is important to stress that interns must be mature, capable of independent thinking and action. Interns must be open to foreign cultures and living abroad, possess a high level of responsibility and be dedicated and committed to completing the full term of internship. Each intern is responsible for his or her own wellbeing. Interns sign a learning contract outlining the shared understanding between interns, fieldsite supervisors and GL International concerning the internship (e.g. code of conduct and the intern's work schedule). Please see our application for a statement on GL International's expectations of all students (Failure to comply with them can lead to the removal of a student from a fieldsite and the premature departure of a student from Italy. We assume home university codes of conduct apply to our programs. We can provide student behavior reports to home universities on their request. We coordinate closely with home universities in the handling of significant issues.

Accommodations

Once the internship site has been chosen, GL International will facilitate the housing arrangement according to the location of internship site and the preference of the student. Housing may be at the fieldsite, in apartments in Rome, or in other settings (i.e. farms, hotels, host family - if students are working in family food businesses...)

Costs

Program costs include all instructional and support fees, internship related transportation expenses within Italy, Internship placement, Visa Assistance, Housing assistance, Pre-departure guidance, On-site safety and cultural orientation, Cell phone, City transportation card, Intern services and learning support services, 24/7 emergency phone support, meals ((welcome and farewell), final symposium activities and tastings, materials (readings,), Record of Study and re-entry support.